



Dear Adventurer,

Thank you for your reservation with Adventure Bound. Please check your confirmation closely for correct details. Check the arrival and activity dates as well as the group size. The following is some general information regarding your reservation and a list of items that should help to make your stay more enjoyable. *Group leaders should pass this information on to all participants and their parents or guardians.*

Release of Liability Forms

Please make as many copies as you need for your group. These need to be filled out completely by the participants and signed by a parent or legal guardian, if under 18 years of age. Please note that they cannot be altered in any way. ***Participants who do not have this form filled out completely and correctly will not be allowed to take part in any of the adventure activities.***

Bring these forms with you and present them on arrival.

Please don't hesitate to give us a call should you have any questions or need further assistance.

Sincerely,

Lillian M. Tancrell-Ouderkirk
Office Manager

SUGGESTED ITEMS TO BRING:

SNEAKERS
WATER SANDALS
SUNGLASSES
BATHING SUIT
SHORTS
TOWELS
SUNSCREEN
LIP BALM
BASEBALL CAP
WOOL SOCKS
SLEEPING BAG**

RAINGEAR
WINDBREAKER
WOOL SWEATER
POLYPROPYLENE CLOTHING
HIKING BOOTS
FLASHLIGHT
WATER BOTTLE
FANNY PACK
MONEY FOR SNACKS, RETAIL, GAME ROOM
PERSONAL HYGIENE ITEMS
PLASTIC BAGS FOR WET GEAR

ESSENTIAL ITEMS

Epi-Pens Asthma Inhalers Prescribed Medications

*****IF YOU ARE COMING BY BUS AND THE BUS IS NOT STAYING, WE RECOMMEND YOU BRING A VEHICLE FOR EMERGENCIES*****

***ITEMS IN BOLD AND UNDERLINED ARE KEY TO YOUR COMFORT ON YOUR TRIP (Label all with permanent marker)**

**MEDICATIONS ARE ESSENTIAL AND MUST BE BROUGHT WITH YOU
IN ORDER TO PARTICIPATE IN OUR ADVENTURES**

**** Sleeping bags are required for the two-day Kennebec River Overnight Adventure.**

Important information to pass along to your group:

- **Chaperones are fully responsible for the supervision of individuals in your group at all times.**

No alcohol is permitted on the premises of Adventure Bound

- No diving in the pool or hot tub as it is only 4 feet deep. No lifeguard on duty.
- No smoking in the building or cabin tents. Please dispose of cigarette butts properly.
- Keep valuable personal items locked in your accommodations or vehicle.
- Climbing wall: Advanced reservations are required.
- Please let us know in advance of any medical, physical or psychological conditions that may pose a risk to the individual or others.
- Minimum age is 8 for all activities, 12 for rafting the upper Kennebec River, 14 for the Dead River.
- Properly filled out and signed Release Forms are mandatory for all participants.
- Prescribed medications are mandatory for participation in our activities. Don't forget Epi-pens and asthma inhalers, as you will not be allowed on the trip for safety reasons. **NO EXCEPTIONS**
- Quiet time is from 10 PM until Midnight
- Lights out at Midnight
- Pool and Hot tub are open until 10 PM
- Lodge closed between Midnight and 6:30 a.m. (bathrooms and showers open 24 hours a day)
- Gift shop is open 7:00 AM to 7:00 PM. T-shirts and novelties may be purchased.
- Please note that we **do not** get CELL PHONE reception in our area.

Please review your reservation for the following:

- Meals: Verify meal times at check in. Please inform us of any special dietary needs.
- Accommodations: Make sure you understand where you are staying and the type of accommodations that are reserved. Cabin Tents have wooden bunks with a mattress, pillow and pillowcase. A sleeping bag is needed. Full bedding can be provided at an additional cost.
- Activities: Please verify the dates and numbers of participants are correct for your scheduled adventures.

Check-In Times are as follows:

- Rafting: 7:30 A.M.
- Rock Climbing, Ropes Course, Treasure Hunt, Hiking, Canoeing, and Orienteering: 8:00 A.M.
- Climbing Wall: 7:30 P.M.
- Half Day Afternoon programs: Noon
- Accommodation check-in time is 3 P.M; otherwise arrive at your leisure.
- Two-Day Overnight Adventure: 8:30 A.M.
- Check out of accommodations by 10 A.M. or before trip departure if it's your last day.

Our payment policy is as follows:

- A \$25.00 per person non-refundable deposit within 7 days of making a reservation
- The balance is due 3 weeks prior to your arrival at Adventure Bound.
- If cancellation occurs within 3 weeks of trip date, all monies will be forfeited.

We accept cash checks, Visa, MasterCard, and money orders.

Directions to Adventure Bound

- (From the south) Take exit 133 off I-95. Take Route 201 north, through Skowhegan, Solon, and Bingham. Adventure Bound is 13 miles north of Bingham on Route 201 on the left, directly across from the access road to Pleasant Pond and the village of Caratunk.
- (From the north) Take exit 157 off I-95. Follow Route 2 west to Skowhegan, then Route 201 north through Solon and Bingham. Adventure Bound is 13 miles north of Bingham on Route 201 on the left, directly across from the access road to Pleasant Pond and the village of Caratunk.

Use 1094 US Route 201, Caratunk, ME 04925 as a physical address when using Internet map programs.

Emergency Phone Numbers:

To reach a guest in the event of an emergency, call 1-888-606-7238. If you are calling after hours, dial the number on the answering machine to get the owner. Make sure to leave your contact information and the owners will call you back if necessary.

Trip Leaders: Please photocopy this and hand out to all your participants

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