

SAILING SHIPS MAINE SUMMER COMMUNITY SAILING PROGRAM

Guidance for Sailing Participants

We are excited that you (or your child) will be joining us for sailing instruction on Casco Bay this summer! This program is growing and are excited to bring you this season's offerings. (NOTE: If you are interested in joining in on the fun as an instructor, please contact us. If you are a parent and would like to join us during a day sail, please let us know.)

For the 2022 sailing season, we are working with these community recreation departments to offer both youth (grades 6-8) and adult programs. There will be 6 students on each 23' Pearson fixed-keel Ensign.

- Merrymeeting (25 Main Street, Bowdoinham)
- Freeport Community Programs (Freeport Town Wharf in S. Freeport)
- Yarmouth (Madeleine Point, on Cousins Island)
- Cumberland (Falmouth Town Landing)
- Falmouth Community Programs (Falmouth Town Landing)

Program Schedules:

- Programs run from June 20th through August 26th (but not every week in all communities)
- Youth / Day Program: 8:45 – 4:45, rain or shine
- Adult / Evening Program: 5:30 – 8:30 / sunset (whichever is earlier), rain or shine
- **In severe weather, alternative plans will be made, such as indoor instruction, etc.**

What students are asked to bring with them:

- Hat
- Sunscreen – no spray, please. Suggest body stick / body cream, and lip coverage.
- Water bottle
- Snacks and Lunch
- Backpack with warm clothes, rain jacket, swimsuit (optional)
- Lifejacket – (not bulky), which is required to be worn at all times on the boat.

Sail Training Topics:

Our well-qualified sailing instructors are dedicated to making this program enriching and fun, with safety as the #1 priority. This is an outdoor experiential education program and every student will get hands-on experience rotating through every position. Every student should steer, work with sails and lines, navigate, etc.

NOTE TO PARENTS:

We are very happy to have one parent per night per youth sailing program join us on each (for free). If you would like to participate, please contact Janelle or Alex (see contact info below). We hope to see you!

NOTES on Bathrooms:

There is a make-shift port-a-potty onboard each boat. Freeport and Falmouth landings also offer public port-a-potties, if needed.

Sailing Ships Maine Contact Information:

Alex Agnew: PROGRAM LEAD

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Janelle Oveson: COORDINATOR

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Sailing Ships Maine creates life-changing opportunities for teens of all abilities and income levels to discover the ocean environment and expand leadership skills while encouraging them to consider further maritime training.

Please learn more about Sailing Ships Maine programs and the Schooner Harvey Gamage on our website: <https://sailingshipsmaine.org/>