

*Seaspray Kayaking*  
**Waiver and Release of Liability**

**PLEASE READ CAREFULLY**

**DISCLAIMER:** Seaspray Kayaking will not be responsible for any injury (or loss of property); including any negligence on the part of Seaspray Kayaking its agents, or employees. This Release of Liability does not include intentional harm and/or gross negligence.

I understand that my participation in outdoor adventure activities, such as kayaking and/or canoeing involves certain risks, including but not limited to slipping/falling on land, capsizing, severe weather and/or water conditions, serious injury and/or death. **I am voluntarily participating in this activity with knowledge of the danger involved and hereby agree to accept any and all inherent risks of property damage, personal injury, and/or death.**

I hereby release, discharge and covenant not-to-sue Seaspray Kayaking and/or, its officers, directors, employees, instructors, agents or assigns from any and all present and future claims for property damage, personal injury, and/or wrongful death. **I hereby voluntarily waive any and all claims present and future that may be made by me, my family, estate, heirs, or assigns.**

I understand that this waiver is intended to be as broad and inclusive as permitted by the laws of the State of Maine and agree that if any portion is held invalid, the remainder of the waiver will continue in full legal force and effect. I further agree that the venue for any legal proceedings shall be in the State of Maine.

I affirm that I am of **good health**, legal age and **am freely signing this agreement**. I have **read this form thoroughly and fully understand** that by signing this form, I am giving up legal rights and/or remedies available to me, my family, heirs or estate.

**In the event that an injury does occur, I give consent for first-aid to be administered.**

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(Signature of Participant(s))

Date

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Please Print Name(s)

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(Signature of Participant(s))

Date

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Please Print Name(s) Here

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**Signature of Parent/Guardian (if Participant is Under 18)**

Date

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Please Print Name Here

***Seaspray Kayaking***  
**Paddling Mid-Coast Maine!**  
**www.seaspraykayaking.com**  
**1(888) 349-7772**

*Mailing Address:*  
78 Desert Rd.  
Freeport, Maine  
04032

# **Sea Kayaking the Coast of Maine What to Bring?"**

**You should wear and/or bring the following for your summer paddle:**

- Swimsuit/ Nylon Shorts & T- Shirt (ideally not 100% cotton)
- Watershoes/Sandals/Sneakers/Neoprene Booties (these will get wet)
- Hat w/ Strap or Clip
- Sunglasses w/ Strap
- Wind/Sweat/Dry Pants
- Fleece Jacket/Windbreaker
- Biking/Paddling Gloves (optional)
- Rain/Splash Jacket (optional)

**The following should be packed together in a small waterproof bag and/or Ziplocs:**

- Snacks
- Water Bottle(s)-Filled with 2 Quarts/day
- Waterproof Sunblock & Lip Balm-SPF 15+
- Waterproof/Disposable Camera
- Medication (i.e.- inhalers, bee sting kit, allergies)